



HOW YOU CAN HELP DONATE



Daily, we admit clients that lack the bare necessities for personal hygiene. We graciously accept packaged soap, deodorant, toothpaste, toothbrushes, shampoo, conditioner, lotion, powder, socks, underwear, and new / unused wash cloths and towels.

**YOUR SUPPORT IS
GREATLY APPRECIATED**

SERVICES WE PROVIDE

All Bright Horizons Behavioral Health client services are provided in the least stressful setting possible. We offer Mental Health and Substance Abuse Counseling that prospective clients may be eligible for and admitted to:

- Intensive Outpatient Services**
- DWI / DUI Treatment Services**
- General Outpatient Services**
- Early Intervention Services**
- Case Management**
- Crisis Intervention**
- Transportation**
- Assessment**
- Referrals**

SERVICING YOUTH & ADULTS

WE ACCEPT MEDICAID

Bright Horizons Behavioral Health is committed to:

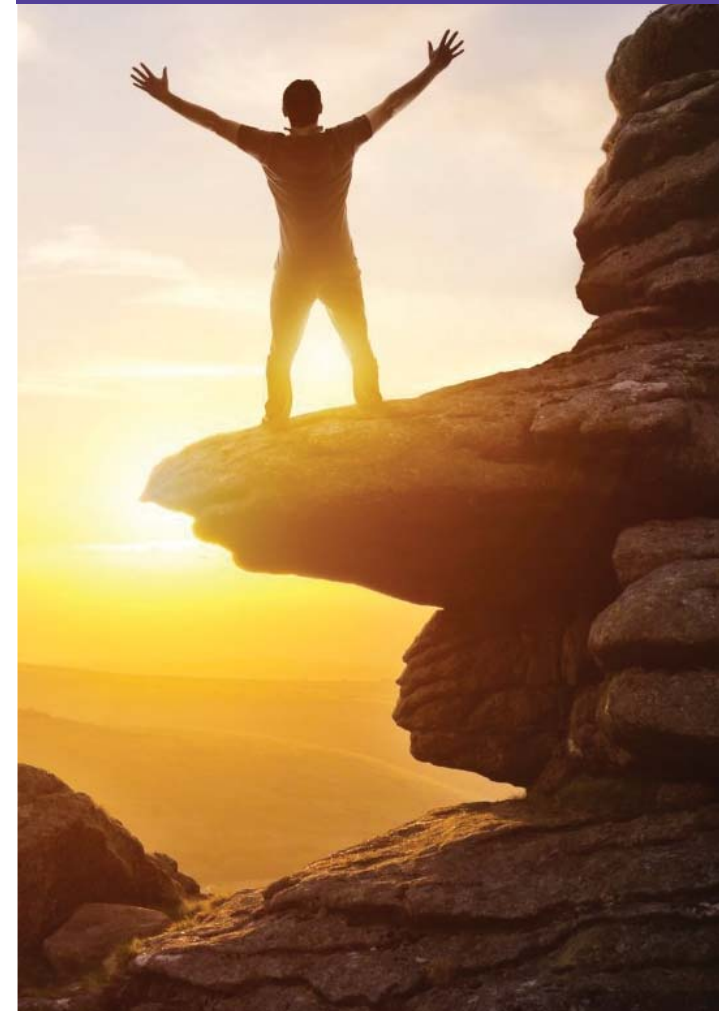
- World Class Customer Service**
- Comprehensive Care**
- Excellent Outcome**
- Excellent Value Easy Access**



"Moving Mountains Beyond Your Horizons"

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*"Moving Mountains
Beyond Your Horizons"*



ABOUT US

Bright Horizons Behavioral Health Treatment Programs were developed in response to the needs of individuals with substance abuse and mental health issues who reside in the Baltimore Metropolitan Area. Our goal is to provide addiction treatment and mental health services to improve the quality of life for individuals and families with drug and alcohol abuse, and mental health issues.

Bright Horizons Behavioral Health is dedicated to helping individuals and families through Counseling and Education.



Bright Horizons Behavioral Health recognizes people are suffering every day from diseases that are fully treatable. Individuals with substance abuse and mental health disorders can and do enter into the recovery process. Many people have found their way to living healthy and successful lifestyles after treatment. Bright Horizons Behavioral Health recognizes we must continue to focus on helping individuals seek treatment and get on the path to recovery, in order to build and restore their lives, families, and communities.



OUR MISSION

Bright Horizons Behavioral Health's Outpatient Treatment Program offers high quality, coordinated, cost-effective services to individuals and families who experience difficulties associated with substance abuse, chemical dependency, and mental health disorders.

Our goal is to provide services that empower individuals to enter or maintain sobriety/abstinence and to confront the prevalent issues that inhibit healthy, productive, and stable lifestyles.

The services provided by Bright Horizons Behavioral Health were developed and reviewed by its Chief Executive Office (CEO), Advisory Committee, and Executive level employees.

The staff of Bright Horizons Behavioral Health have over 25 years of experience with the Code of Maryland Regulations (COMAR) and other regulations governing substance abuse and mental health programs; and are prepared for the responsibility of clinical and administrative management of approved substance abuse and mental health programs.

The dedicated licensed and para professionals of Bright Horizons Behavioral Health ensure their ability to provide quality services



SERVICE PHILOSOPHY

Bright Horizons' Treatment and Mental Health Programs operate under the philosophy that although alcoholism and other drug dependencies are progressive diseases with unknown causes, they are eminently treatable. We believe treatment for these diseases must focus on helping people learn to deal with everyday realities of their lives without the use of alcohol or drugs.

Our belief is that no one modality or approach is right for all clients; therefore, Bright Horizons Behavioral Health supports a person-centered model with individualized treatment planning guidelines. Bright Horizons Behavioral Health is committed to being the provider of choice for addiction treatment and mental health services.

Bright Horizons Behavioral Health's wide range of services are provided in a clinical setting and organized within a comprehensive therapeutic environment that includes: screening and assessment, diagnostic determination, individual and family counseling, psychiatric consultations, crisis intervention, group counseling, educational programming, client advocacy, and referral to community resources. Adult clients are assigned to licensed clinicians who assist with individual planning and care. Services also include consultation with family professional care providers.

Our clinicians are trained to treat the population from a strengths-based bio-psycho-social perspective and therefore are excellent case managers who competently help youth and adults address a multitude of issues.

In some instances, clients will present issues that require a Specialist. Subsequently, clients are referred for additional services to referral partners.

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